

V-500 Visions

Official Publication of the
Valley City State University
V-500 Organization

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Volume 34

V-500's Mission Statement

V-500 funds academic scholarships to support Valley City State University's vision of attracting and retaining talented individuals who advance quality learning opportunities and economic growth through technology and innovation.

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VCSU Foundation/V-500
101 College St SW
Valley City, ND 58072
701-845-7203

vcsualumni.org

Make a Difference and Receive a Match

The V-500 Scholarship program is a primary academic scholarship program at Valley City State University. For the current academic year, V-500 alone will award more than \$300,000 in scholarship support.

Now, you can have your support of these efforts matched at a time when it is critical in helping move VCSU forward to sustainable growth. There are few gifts as important as those that help students fulfill their educational goals. Your scholarship contributions do just that.

Help us keep the tradition alive with your gift and receive a 50% match towards the V-500 scholarship fund.

As you likely know, our Fall 2023 enrollment has surpassed all previous records and exceeds 1,700 students for the first time in our history. With 1,754 students enrolled this fall, we continue to grow. We were the only four-year regional institution in ND to show growth in both headcount and FTE this fall as we welcomed 310 new students, including freshmen and transfers.

These numbers help illustrate the importance of donor support in the overall enrollment picture and the energy and momentum would not have happened without the support from our alumni and friends!

Happy New Year from all of us at the VCSU Foundation Office.

V-500 Scholarship Recipient Profile



Benét Fronk
Jamestown, ND

Benét Fronk is a freshman at Valley City State University from Jamestown, ND. She's one of the 2023-2024 V-500 scholarship recipients. Benét plays volleyball for VCSU which has been impactful to her time here so far.

"My experience at VCSU has been awesome so far, being a part of the volleyball team this year was so fun," Benét said.

Besides volleyball, Benét also enjoys lifting, shopping, and spending time with her friends and family. She is grateful to receive a scholarship that will help her in her career path.

"I am very grateful to receive this scholarship as it will go towards my future career. I chose VCSU because it was close to home and very affordable. The people were welcoming and helpful when it came to making my decision."

Benét is pursuing a sports management degree with a concentration in marketing.

U.S. News 'Best College'

VCSU has been ranked as the top regional public college in North Dakota for the third consecutive year by U.S. News and World Report.

VCSU has been ranked for 26 consecutive years. This year, VCSU was also ranked as a Best Value School, a Top Performer on Social Mobility, and a Best College for Veterans.

The report is based on retention, graduation rates, outcomes, peer reviews, measures of student excellence, and the educational expenditure per student.

VCSU was recognized for being a Top Performer in regards to social mobility, which assesses how well schools graduated economically disadvantaged students. VCSU was ranked No. 2 in the Midwest category of public regional colleges.



How will you plan for your future?

What happens in the future will impact your loved ones and your estate in countless ways. This is why careful planning is important to ensure that your loved ones are well cared for and your estate is not subjected to unnecessary and burdensome taxes.

We would like to help you organize and plan for the future by offering you a FREE *Wills Planning Guide*.

You can't afford not to plan! Please call to receive your FREE Guide today.

V-500 Alumni Testimony

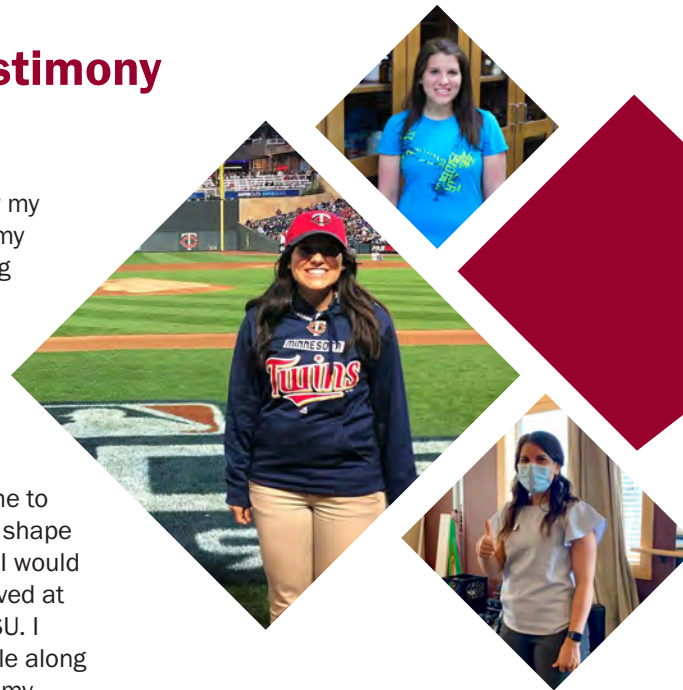
Jenna Coghlan '15

VCSU is a very special place for my family as a countless number of my relatives attended VCSU, including both of my parents. I knew VCSU would give me the opportunities to be involved in numerous organizations and activities while making the most out of my education.

VCSU opened many doors for me to take part in activities that helped shape who I am today. I strongly believe I would not have been able to be as involved at a larger university as I was at VCSU. I also met so many impactful people along the way from professors, to staff, my teammates, and friends that I'll never forget.

While at VCSU, I qualified for the NAIA national cross country race in Charlotte, NC. This is one of my favorite memories along with competing as a Viking in numerous meets for Track and Field and Cross Country with the rest of my teammates. I also was fortunate as a student in the science department to be able to learn in the Rhoades Science Center, which was completed in 2012, my freshman year.

If I could go back and offer myself some advice it would be to not limit yourself.



To incoming and current students, if you have an interest in something, anything, you'll find someone at VCSU who can help you learn more about that topic.

Upon graduating from VCSU I was employed as a gym manager and personal trainer in Minneapolis, which I continued to do while attending the Doctor of Physical Therapy program at the University of Minnesota.

Currently I reside in Minneapolis, MN. I work full time as a physical therapist at Life Wellness Center in Lakeville, MN and part time on the Minnesota Twins grounds crew.

Show Your Viking Pride!

The VCSU Foundation and the North Dakota Department of Transportation are pleased to provide an opportunity to show your Valley City State University Viking Pride every day as you drive your vehicle around the state and across the country. By supporting this "pride promotion," you also directly support Valley City State University and its V-500 Scholarship Program.



To get your VCSU license plate

- apply online at <http://www.dot.nd.gov/>
- click on the "Forms" button on the left side
- Scroll down to form SFN54397, "Application for Organization Plate."

On behalf of these 2023-2024 V-500 recipients, THANK YOU!

Aanderud, Caiden Mae	Beulah	ND	Frnk, Benet Rose	Jamestown	ND	Olson, Karina Marie	Valley City	ND
Amacher, Logan Frederick	Withee	WI	Gaopoa-Montgomery, Jaydan Simon	Honolulu	HI	Olson, Levi Charles	Lisbon	ND
Amerman, Caden Craig	Enderlin	ND	Gerhardt, Seth A	Mandan	ND	Pedersen, McKenzie R	Velva	ND
Anderson, Savana Lynn	Sheldon	ND	Hanson, Kristopher Michael	Long Prairie	MN	Peterson, Chaz Haydon	Shelley	ID
Arends, Mataya Raeann	Shelly	MN	Heier, Cassidy Mae	Valley City	ND	Pfahl, Zackary Daniel	Dunseith	ND
Bartelson, Braelyn E	Circle	MT	Hoffman, Angelique	Otsego	MN	Phillips II, Casey Alonzo	Bismarck	ND
Bogar, Anna J	Rugby	ND	Hollett, Gabriel Paul	North Pole	AK	Poland, Aaliyah	Jamestown	ND
Bogenreif, Reagan	Fargo	ND	Humann, Charles Arthur	Bismarck	ND	Porter, Courtney	Larimore	ND
Bosch, Grant R	Linton	ND	Jacobs, Derek B	Rugby	ND	Prouty, Bryce Harold Joseph	Munich	ND
Bosch, Landon	Linton	ND	Johnson, Miles George	Valley City	ND	Rademacher, Jaden James	Langdon	ND
Botz, Hayden Mike	Valley City	ND	Keys, Tyler Patrick	Valley City	ND	Rombs, Jaydin	Aberdeen	SD
Brehmer, Mason John	Bellingham	MN	Kobbervig, Sam A	Casselton	ND	Roos, Ryley	Casa Grande	AZ
Brown, Omarion Isaac	Moorhead	MN	Kracht, Harper	Valley City	ND	Samayoa Gordillo, Rodrigo	Alcester	SD
Bruechert, Abigail Elizabeth	Wahpeton	ND	Kriewald, Reis Michael	Valley City	ND	Senn, Chayton Daniel	Fargo	ND
Brugger, Hannah Marie	Jamestown	ND	Kunze, Jared Dylan	Dazey	ND	Smith, Armani David	Beulah	ND
Brunelle, Ella Busch	Underwood	ND	Kuznia, Zachery David	Grand Forks	ND	Spiyee, Emanuel Jesse	West Fargo	ND
Buraw, Payton K'juan Amarious	Cannon Falls	MN	Lakoduk, Gabriel Shawn	Kief	ND	Steele, Macy May	Jamestown	ND
Champagnie, Cameron Leo	Colorado Springs	CO	Larson, Tarren James	Beulah	ND	Thompson, Ella Jane	Grafton	ND
Church, Devon M	Mandan	ND	Little Dog, Gabriel Kingston Lestat	Valley City	ND	Toney, Khalil Montreal	Saint Paul	MN
Clancy, Connor	Bismarck	ND	Little Dog, Goliath Kingsley Wise	Valley City	ND	Tonu, Rotuma Page	Eagle River	AK
Clark, Devon Charles	North Pole	AK	Louden, Victoria Rose	Enderlin	ND	Torres, Malachi Keone Kawika	Mountain View	HI
Clark, Nicholas	North Pole	AK	Luchi, Lorenzo George	Enumclaw	WA	Wald, Aaron Lee	Linton	ND
Dockter, Preston Tyler	Valley City	ND	Mack, Paris R	Wheatland	ND	Wendel, Brock Robert	Lamoure	ND
Duffy, Evan William	Valley City	ND	Magnuson, Maxwell Garrett	Valley City	ND	Westbrook, Exavian	Orlando	FL
Edwards Sr, Zachariah George	North Field	MN	Manuguri, Paul	Jamestown	ND	Wielgosh, Cody William Allen	Beausejour	MB
Erickson, Gabrielle A	Walcott	ND	Michels, Jaiten D	Casselton	ND	Wilson, Melinda M	Jamestown	ND
Fau, Jarrett Lee	Saint Michael	MN	Nathan, Mattilyn	Fargo	ND	Wobbema, Alexis Diane	Valley City	ND
Fraser, Marisa Carman	Portage la Prairie	MB	Olsen, Riley Scott	Hillsboro	ND	Yoshino, Easton Lekinala Toshio	Honolulu	ND

V-500 Membership Application 2023-2024

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Home Phone Number _____ Cell Number _____

Email _____ Signature _____ Date _____

Annual Commitment

- Recurring \$ _____/month
- \$375 per year for 4 years
Support a \$1,500 scholarship
- \$750 per year for 4 years
Support a \$3,000 scholarship
- \$1,500 per year for 4 years
Support 2-\$3,000 scholarships
- Other (Please specify: _____)

Payment Frequency

- Annual Quarterly Semi-Annual Monthly
- If you would like to make your payment during a specific month, please list: _____

Method of Payment

- Check:** Payable to VCSU Foundation/V-500
- Credit Card:** MasterCard Visa Discover Check here to automatically charge this credit card when payments are due.

Card #: _____ - _____ - _____ - _____

Signature on Account _____ Exp. Date _____ 3 Digit Validation Code _____

- Automatic Withdrawal:** Enclose voided check.

I authorize the VCSU Foundation/V-500 to withdraw \$ _____ on the 15th of the month to begin in _____

Signature on Account _____

Date _____



Valley City State University Foundation
101 College St SW
Valley City, ND 58072

Check out
our **Giving
Opportunities
with Tax
Incentives**
on our web page at
vcsualumni.org

SAVE THE DATE: 29th Annual VCSU Scholarship Auction Friday, April 26, 2024

Last year we raised over \$115,000 in scholarships at this one-night event. Help us continue growing the auction by giving serious consideration in making a donation to the auction.

Popular items include:

- Tools
- Artwork
- Outdoor / Summer items
- Gift Certificates for food or Experience Packages
- Tickets for Concerts or Sporting Events
- Condo Stays
- Donation of Cash for Committee to purchase an item

All auction donors receive recognition in our auction program. Call the VCSU Foundation Office at 701-845-7203 or contact kim.hesch@vcsu.edu for more information.

